

Sunday

Monday

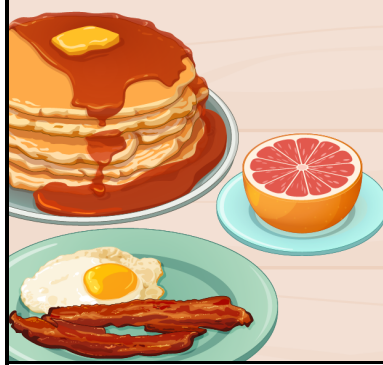
Tuesday

Wednesday

Thursday

Friday

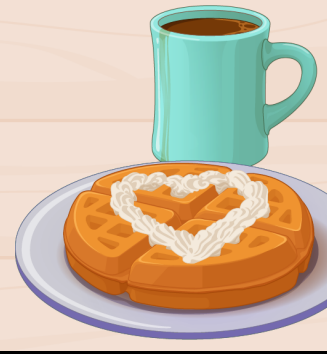
Saturday



# February 2024

## Assisted Living

Auburn Hill | 5800 Harbor Lane, Midlothian, VA 23112



**4**  
 10:00 Church Service; LR  
Dr. Charles Stanley  
 11:00 Church Service; LR  
First Baptist Church  
 1:30 Armchair Travels; MT  
Mediterranean Cruise  
 2:30 Movie Group; LR

**5**  
 10:30 Spiritual Eldercare; AR  
 11:00 Exercise Class; AR  
Posture and Strength  
 11:30 Random Trivia; AR  
 2:00 Pokeno Game; AR  
 3:00 Music Memories; AR  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR

**6**  
 10:00 Daily Devotions; LR  
 10:30 **Shopping Trip; O**  
Dollar Trip  
 10:30 Exercise Class; LR  
Chair Yoga  
 2:00 Bingo; AR  
 3:00 Chat and Chew; AR

**7**  
 10:00 Daily Devotions; LR  
 10:30 **Shopping Trip; O**  
Walmart  
 11:00 Exercise Group; LR  
Chair Dance  
 2:00 Movie Time; MT  
Overboard

**1**  
 10:30 Daily Devotions; AR  
 11:00 Exercise Group; AR  
 11:30 Crossword Puzzle; AR  
 2:00 Bingo Game; AR  
 3:30 **New Neighbor Social; P**  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR

**2**  
 10:30 Chair Exercises; AR  
 11:00 Ground Hog Trivia; AR  
 11:30 Matching Game; AR  
 12:00 Catholic Communion; LR  
 2:00 **Groundhog Social; MT**  
 2:30 Movie Time; MT  
Groundhog Day  
 Groundhog Day

**3**  
 10:30 Daily Devotions; AR  
 11:00 Bingo Game; AR  
 2:00 Bridge Game; L  
 3:00 Social Hour; AR  
 6:30 Ed Sullivan Show; LR

**11**  
 10:00 Church Service; LR  
Dr. Charles Stanley  
 11:00 Church Service; LR  
First Baptist Church  
 1:45 **Church Group; LR**  
Victory Tabernacle  
 6:30 **Superbowl Party; LR**

**12**  
 10:30 Spiritual Eldercare; AR  
 11:00 Exercise Class; AR  
Strength and Rhythm  
 11:30 Cupid History; AR  
 2:00 Pokeno Game; AR  
 3:00 Music Memories; AR  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR

**13**  
 10:30 Donuts and Chats; AR  
 11:00 Daily Devotions; AR  
 11:30 Sit and Stretch; AR  
 2:00 Scrabble Game; AR  
 5:30 Fat Tuesday Dinner; DR  
 6:30 **Masquerade Bingo; DR**  
 Mardi Gras

**14**  
 10:30 **Holy Day Service; LR**  
 11:30 Exercise Group; AR  
 11:45 Valentine Trivia; AR  
 2:00 **Sweetheart Dance; AR**  
 3:30 Movie Time; MT  
Me Before You  
 Valentine's Day

**15**  
 10:30 Daily Devotions; AR  
 11:00 Exercise Class; AR  
 11:30 Heart Health Trivia; AR  
 2:00 Bingo; AR  
 3:00 Name That Tune; AR  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR

**16**  
 10:30 Chair Exercises; AR  
 11:00 Bird Feeder Craft; AR  
 12:00 Catholic Communion; LR  
 2:00 **Birthday Party; AR**  
 2:30 Movie Time; MT  
Ghost

**17**  
 10:30 Daily Devotions; AR  
 11:00 Bingo Game; AR  
 2:00 Bridge Game; L  
 3:00 Social Hour; AR  
 6:30 Ed Sullivan Show; LR  
 Chinese New Year  
 (Year of the Dragon)

**18**  
 10:00 Church Service; LR  
Dr. Charles Stanley  
 11:00 Church Service; LR  
First Baptist Church  
 1:30 Armchair Travels; MT  
Africa  
 2:30 Movie Group; LR

**19**  
 10:30 Spiritual Eldercare; AR  
 11:00 Exercise Class; AR  
Balance and Boogie  
 11:30 Trivia; AR  
 1:45 **Presidents' Day Social; LR**  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR  
 Presidents' Day

**20**  
 10:30 Exercise Class; AR  
 11:00 Bingo Game; AR  
 2:00 Daily Devotions; MT  
 2:30 Indoor Golf Game; MT  
 6:30 Dominoes Game; AR

**21**  
 10:00 Daily Devotions; LR  
 10:30 **Lunch Bunch; O**  
Latitude  
 11:00 Exercise Group; LR  
 2:00 Movie Time; MT  
Rain Man

**22**  
 10:30 Daily Devotions; AR  
 11:00 Exercise Class; AR  
 11:30 Word Scrabble; AR  
 2:00 Bingo Game; AR  
 3:00 Social Hour; AR

**23**  
 10:30 Chair Exercises; AR  
 11:00 Pokeno; AR  
 12:00 Catholic Communion; LR  
 2:00 **Day Party; AR**  
 3:00 Movie Time; MT  
Titanic

**24**  
 10:30 Daily Devotions; AR  
 11:00 Bingo Game; AR  
 2:00 Bridge Game; L  
 3:00 Social Hour; AR  
 6:30 Ed Sullivan Show; LR

**25**  
 10:00 Church Service; LR  
Dr. Charles Stanley  
 11:00 Church Service; LR  
First Baptist Church  
 1:00 **Tomahawk Church; DR**  
Hymn Sing  
 1:30 Crafting Group; AR  
 2:30 Bingo Game; AR

**26**  
 10:30 Spiritual Eldercare; AR  
 11:00 Exercise Class; AR  
Stability Class  
 11:30 Daily Chonicles; AR  
 1:45 **Music with Craig; AR**  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR

**27**  
 10:30 Pom Pom Exercise; AR  
 11:00 Daily Devotions; AR  
 2:00 **Gentlemen's Club; P**  
 2:30 **Ladies Social Group; PD**  
 6:30 Bingo Game; AR

**28**  
 10:30 **Resident Council; LR**  
 11:00 **Food Committee; LR**  
 11:30 Daily Devotions; AR  
 11:45 Exercise Group; AR  
 2:00 Cooking Class; AR  
 3:00 Chat and Chew; AR

**29**  
 10:30 Daily Devotions; AR  
 11:00 Exercise Class; AR  
 11:30 Word Scrabble; AR  
 2:00 Bingo Game; AR  
 7:00 Wheel of Fortune; LR  
 7:30 Jeopardy; LR

**Happy Birthday**  
 Elaine K. – 2/1  
 Betty W. -2/1  
 Rachael D. – 2/2  
 Judith H. – 2/4  
 Tina C. – 2/5  
 Albert G. – 2/9  
 Susan W. – 2/10  
 Ida L. – 2/18  
 Gwynne M. – 2/22

1<sup>st</sup> Floor: (P) – Pub| (DR) – Dining Room|(G) Gym| (PT) Patio| (MT) Movie Theater 2<sup>nd</sup> Floor: (LR) – Living Room| (B) Bistro | (L) Library 3<sup>rd</sup> Floor (AR) – Activity Room (O) - Outing