

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2024

Innovations

Auburn Hill | 5800 Harbour Lane Midlothian VA 23112

<p style="text-align: right; font-weight: bold;">4</p> <p>9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snack Chats 3:30 Too Cute Pet Therapy</p>	<p style="text-align: right; font-weight: bold;">5</p> <p>9:30 Getting to Know You 10:00 Chair Zumba 10:30 Word Builders 11:00 Where Am I? 3:00 Daily Devotions 3:30 Hymn Sing 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: right; font-weight: bold;">6</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Sit and Stretch 11:00 Joy of Painting 3:00 Popping Party 3:30 Chat and Chew</p>	<p style="text-align: right; font-weight: bold;">7</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Joy Ride 11:00 Comedy Hour 3:00 Daily Devotions 3:30 Movie Time Hidden Figures</p>	<p style="text-align: right; font-weight: bold;">8</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Music with Mary 3:00 Daily Devotions 3:30 Sit and Stretch 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: right; font-weight: bold;">9</p> <p>9:30 Getting To Know You 10:00 Chair Boogie 10:30 Daily Devotions 11:00 Jigsaw Puzzle Group 3:00 Friday Cheers 3:30 Afternoon Cinema Sweet Home Alabama</p> <p style="text-align: center; font-size: small;">Groundhog Day</p>	<p style="text-align: right; font-weight: bold;">10</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Dragon Word Search 3:00 50's Malt Shop Music 3:30 Snack and Chats</p> <p style="text-align: center; font-size: x-small;">Chinese New Year (Year of the Dragon)</p>										
<p style="text-align: right; font-weight: bold;">11</p> <p>9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snack Chats 3:30 Too Cute Pet Therapy</p>	<p style="text-align: right; font-weight: bold;">12</p> <p>9:30 Getting to Know You 10:00 Chair Zumba 10:30 Word Builders 11:00 What Am I? 3:00 Daily Devotions 3:30 Hymn Sing 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: right; font-weight: bold;">13</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Joyful Stretch 11:00 Mardi Gras Trivia 3:00 Knock Knock Jokes 3:30 Golden Classics 5:30 Family Night; ALDR</p> <p style="text-align: center; font-size: x-small;">Mardi Gras</p>	<p style="text-align: right; font-weight: bold;">14</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Holy Day Service 11:00 Comedy Hour 2:30 Sweethearts Dance 3:00 Movie Time The Proposal</p> <p style="text-align: center; font-size: x-small;">Valentine's Day</p>	<p style="text-align: right; font-weight: bold;">15</p> <p>9:30 Getting To Know You 10:00 Morning Glory 10:30 Walking In Rhythm 11:00 Pictionary 3:00 Reminiscing the 60's 3:30 In Concert 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: right; font-weight: bold;">16</p> <p>9:30 Getting To Know You 10:00 Balloon Volleyball 10:30 Daily Devotions 11:00 Jigsaw Puzzle Group 3:00 Happy Hour 3:30 Afternoon Cinema The Temptations</p>	<p style="text-align: right; font-weight: bold;">17</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Word Search 11:30 Church Service 3:00 Motown Sounds 3:30 Snack and Chats</p>										
<p style="text-align: right; font-weight: bold;">18</p> <p>9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snack Chats 3:30 Too Cute Pet Therapy</p>	<p style="text-align: right; font-weight: bold;">19</p> <p>9:30 Getting to Know You 10:00 Chair Zumba 10:30 Word Builders 11:00 Presidents Day Trivia 3:00 Music with Joe 7:00 Wheel of Fortune 7:30 Jeopardy</p> <p style="text-align: center; font-size: x-small;">Presidents' Day</p>	<p style="text-align: right; font-weight: bold;">20</p> <p>9:30 Getting To Know You 10:00 Daily Devotions 10:30 Sit and Stretch 11:00 Joy of Painting 3:00 Popping Party 3:30 Chat and Chew 6:00 Puzzle Time</p>	<p style="text-align: right; font-weight: bold;">21</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Morning Movement 11:00 Price Is Right 2:00 Valentine Social; ALDR 3:00 Puzzle Mania 3:30 Movie Time My Fair Lady</p>	<p style="text-align: right; font-weight: bold;">22</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Music with Mary 3:00 Birthday Party 3:30 Dance Group 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: right; font-weight: bold;">23</p> <p>9:30 Getting To Know You 10:00 Chair Dancing 10:30 Daily Devotions 11:00 Jigsaw Puzzle Group 3:00 Day Party 3:30 Afternoon Cinema Dream Girls</p>	<p style="text-align: right; font-weight: bold;">24</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Word Search 3:00 Smooth Jazz 3:30 Snack and Chats</p>										
<p style="text-align: right; font-weight: bold;">25</p> <p>9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snack Chats 3:30 Too Cute Pet Therapy</p>	<p style="text-align: right; font-weight: bold;">26</p> <p>9:30 Getting to Know You 10:00 Chair Zumba 10:30 Word Builders 11:00 What Am I? 3:00 Music with Craig 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: right; font-weight: bold;">27</p> <p>9:30 Getting To Know You 10:00 Pom Pom Exercises 10:30 Daily Devotions 11:00 Heart Art 3:00 Café' Ole 3:30 Chat and Chew 6:00 Puzzle Time</p>	<p style="text-align: right; font-weight: bold;">28</p> <p>9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Morning Movement 11:00 Word Mining 3:00 Daily Devotions 3:30 Movie Time Sabrina</p>	<p style="text-align: right; font-weight: bold;">29</p> <p>9:30 Getting To Know You 10:00 Morning Glory 10:30 Balloon Volleyball 11:00 Pictionary 3:00 Adult Coloring 3:30 In Concert 7:00 Wheel of Fortune 7:30 Jeopardy</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">Happy Birthday</p> <table style="width: 100%; text-align: center;"> <tr> <td style="width: 50%;">Elaine K. – 2/1</td> <td style="width: 50%;">Tina C. – 2/5</td> </tr> <tr> <td>Betty W. – 2/1</td> <td>Albert G. - 2/9</td> </tr> <tr> <td>Rachael D. – 2/2</td> <td>Susan W. – 2/10</td> </tr> <tr> <td>Judith H. – 2/4</td> <td>Ida L. – 18</td> </tr> <tr> <td colspan="2">Gywnne M. 2/22</td> </tr> </table> 		Elaine K. – 2/1	Tina C. – 2/5	Betty W. – 2/1	Albert G. - 2/9	Rachael D. – 2/2	Susan W. – 2/10	Judith H. – 2/4	Ida L. – 18	Gywnne M. 2/22	
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Activities in RED are a featured activity/event. Activities are a minimum of 30 minutes each. Activities take place in the common areas, unless otherwise noted (O) Outside of Innovations (SR) Sensory Room (ALDR) Assisted Living Dining Room 2nd Floor