


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday</b> <b>Robert R. – 4/3</b> <b>Mary M. – 4/17</b> <b>Mary B. – 4/22</b> 	<b>1</b> 9:30 Getting to Know You 10:00 Morning Movement 10:30 Taboo 11:00 April Fool's Trivia 3:00 Daily Devotions 3:30 Hymn Sing 7:00 Wheel of Fortune  <small>All Fools' Day</small>	<b>2</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Sit and Stretch 11:00 Words Work 3:00 Aqua Painting 3:30 Armchair Travels	<b>3</b> 9:30 Getting To Know You 10:00 Exercise Class 10:30 <b>Joy Ride</b> 11:00 Sing A Long 3:00 Daily Chronicles 3:30 Movie Time <u><b>The Pacifier</b></u>	<b>4</b> 9:30 Getting To Know You 10:00 Walking In Rhythm 10:30 April Jeopardy Triva 11:00 This or That 3:00 Jokes and Cokes 3:30 Sing A Long 7:00 Wheel of Fortune 7:30 Jeopardy	<b>5</b> 9:30 Getting To Know You 10:00 Chair Boogie 10:30 Daily Devotions 11:00 Hymn Sing 3:00 Daily Chronicles 3:30 Afternoon Cinema <u><b>Cheaper By The Dozen</b></u>	<b>6</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Golden Classics 3:00 Sounds of Motown 3:30 Snack and Chats
<b>7</b> 9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snacks and Chats 3:30 Too Cute Pet Therapy	<b>8</b> 9:30 Getting to Know You 10:00 Morning Movement 10:30 Where Am I? 11:00 Adult Coloring 3:00 Daily Devotions 3:30 Hymn Sing 7:00 Wheel of Fortune	<b>9</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Sit and Stretch 11:00 Bingo 3:00 Aqua Painting 3:30 Golden Classics	<b>10</b> 9:30 Getting To Know You 10:00 Morning Glory 10:30 Exercise Class 11:00 Sing A Long 3:00 Daily Chronicles 3:30 Movie Time <u><b>Momma Mia</b></u>	<b>11</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 <b>Music with Mary</b> 3:00 Iced Tea Chats 3:30 Sing A Long 7:00 Wheel of Fortune 7:30 Jeopardy	<b>12</b> 9:30 Getting To Know You 10:00 Balloon Volleyball 10:30 Daily Devotions 11:00 Hymn Sing 3:00 Daily Chronicles 3:30 Afternoon Cinema <u><b>School of Rock</b></u>	<b>13</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Golden Classics 3:00 Sounds of Country 3:30 Snack and Chats
<b>14</b> 9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snack Chats 3:30 Armchair Travels	<b>15</b> 9:30 Getting to Know You 10:00 Morning Movement 10:30 Taboo 11:00 Adult Coloring 3:00 <b>Music with Joe</b> 7:00 Wheel of Fortune	<b>16</b> 9:30 Getting To Know You 10:00 Morning Glory 10:30 Sit and Stretch 11:00 Aqua Painting 3:00 Bingo 3:30 Golden Classics	<b>17</b> 9:30 Getting To Know You 10:00 Exercise Class 10:30 Morning Glory 11:00 Sing A Long 3:00 Daily Chronicles 3:30 Movie Time <u><b>The Apartment</b></u>	<b>18</b> 9:30 Getting To Know You 10:00 Walking In Rhythm 10:30 Daily Chronicles 11:00 Word Search 3:00 Chat and Chew 3:30 Sing A Long 7:00 Wheel of Fortune	<b>19</b> 9:30 Getting To Know You 10:00 Chair Dancing 10:30 Daily Devotions 11:00 Hymn Sing 3:00 Daily Chronicles 3:30 Afternoon Cinema <u><b>Annie</b></u>	<b>20</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 <b>Church Service</b> 3:00 Music of Pop 3:30 Snack and Chats
<b>21</b> 9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snacks and Chats 3:30 Too Cute Pet Therapy	<b>22</b> 9:30 Getting to Know You 10:00 Morning Movement 10:30 <b>Heartstrings Music</b> 11:00 Earth Day Trivia 3:00 <b>Music with Craig</b> 7:00 Wheel of Fortune  <small>Passover Begins Earth Day</small>	<b>23</b> 9:30 Getting To Know You 10:00 Sit and Stretch 10:30 Daily Devotions 11:00 Words Work 3:00 Aqua Painting 3:30 Music Therapy	<b>24</b> 9:30 Getting To Know You 10:00 Exercise Class 10:30 Morning Glory 11:00 Sing A Long 3:00 Daily Chronicles 3:30 Movie Time <u><b>The Ten Commandments 1</b></u>  <small>Administrative Professionals Day</small>	<b>25</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 <b>Music with Mary</b> 3:00 <b>Birthday Party</b> 3:30 Dance Group 7:00 Wheel of Fortune 7:30 Jeopardy	<b>26</b> 9:30 Getting To Know You 10:00 Chair Dancing 10:30 Daily Devotions 11:00 Hymn Sing 3:00 Afternoon Cinema <u><b>The Ten Commandments 2</b></u>  <small>Arbor Day</small>	<b>27</b> 9:30 Getting To Know You 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Golden Classics 3:00 Music of the 50's 3:30 Snack and Chats
<b>28</b> 9:30 Getting To Know You 10:00 Spiritual Eldercare 10:30 Joyful Stretches 11:00 Church Service 3:00 Snack Chats 3:30 Armchair Travels	<b>29</b> 9:30 Getting to Know You 10:00 Chair Zumba 10:30 Where Am I? 11:00 Adult Coloring 3:00 Daily Devotions 3:30 Hymn Sing 7:00 Wheel of Fortune	<b>30</b> 9:30 Getting To Know You 10:00 Sit and Stretch 10:30 Daily Devotions 11:00 Words Work 3:00 Aqua Painting 3:30 Music Therapy	 <h1 style="font-size: 4em; color: #2e8b57;">April 2024</h1> <h2 style="font-size: 2em; color: #8b4513;">INNOVATIONS</h2> <p>Auburn Hill   5800 Harbour Lane, Midlothian, VA 23112</p> 			

Activities in RED are a featured activity/event. Activities are a minimum of 30 minutes each. Activities take place in the common areas, unless otherwise noted (O) Outside of Innovations (SR) Sensory Room (ALDR) Assisted Living Dining Room 2<sup>nd</sup> Floor